## Vinnikov V. Antidoting in bioenergotherapy. Putting a question.

'The most important aim and the main vocation for a doctor is restoration of the health of an ill person. This, namely, can be called healing".

S.C.Hahnemann. Organon of the Art of Healing (Sik American Edition, Boericke and Tafel, Philadelphia, 1917, p.13)

For a long time a searching mind of the people tried to understand the depths of the universe. Applied sciences, such as physics, chemistry, mathematics, biology, have always helped the researches. Medical science used practically all their results and theses, automatically treating human organism from mechanical position. That is why it is not surprising, that classical medicine more and more delved deeply into the abyss of small specialties, becoming estranged from integrated perception of a patient.

Analysis of the style of speaking and behavior of a person, the character of his complaints, illusions and sensations replace 'advanced technological', but, sometimes, completely senseless methods of laboratory diagnostics. Among all this 'modern' tinsel, as a grass among stone flags, the so-called alternative methods of therapy remain vigorous and effective.

And what is interesting, is that rather simple methods of treatment (hardening according Ivanov P., respiratory gymnastics according Buteiko and so on), as well as complicated ones ('Psychological Trilogy'), which found world acceptance, to some extent use a natural law 'Similia similibeis curentur', which was formulated 2 thousand years ago by a great Hippocrat. Following this universal law, survived, and flourished an amazing science of healing – homeopathy. Nowadays homeopathy is not only a great arsenal of medical preparations (more than 12000!), which are selected definitely in individual way for every patient. It is also a great practical experience of many thousands of doctors, every of them make his contribution to medical practice.

SCENAR-therapy with its great, but not studied in full measure effects of influence on energy status of an organism, works, most likely, in the limits of Law of Similarity, realizing its potential on its own level. This, probably, explains the fact that besides SCENAR-fantastic results of treatment, every doctor, using this device, also meets with failures. Moreover, the experience shows, that there is a paradox tendency: the more 'SCENAR-experience' is collected, the more patients appear, who, can not be treated by the device. That is why I am sure, that SCENAR-therapist should not only use the achievements of modern biological sciences in his practice, but also take into consideration a centuries-old experience of practical homeopathy, using Gering Law, miasmatic theory of Hahnemann and so on. A single problem is antidoting of effect of the conducted therapy. It can be solved only by a combined practical experience of many doctors.

A thinking doctor –therapist always comes to conclusion, that the choice of a right therapy form is just the first step in a prolonged chain of the decisions, taken after that. The way to health is not simple, and 'the danger is often waiting round the corner' (J.Shore). This problem is very important; the degree of its importance has not been decreased by any existing nowadays part of medicine. Nevertheless, very few articles have been recently devoted to this topic. 'Stopping' of homeopathic preparation action and of SCENAR-therapy effect – this is one of the 'dangers', which, being unrecognized, can finally lead to a complete elimination of achieved therapeutic effect.

Obstacle factors (external influences) are those, which are able to stop general 'moving' of the patient organism to the recovery. Before description, we will specify some theses.

First of all, nowadays there are no exact explanations of homeopathic medical preparation influence on the organism of a patient. To all appearances, 'SCENAR-theorists' have such explanations, concerning the device, either. They only can suppose, formulating certain aims and rules, effectiveness of which, finally, is proved or not by His Majesty Experience.

Secondly, it can be supposed, than human organism in all his manifestations (including disease state) is an extremely clever self-regulating system. Not a single process, clinical symptom is an erroneous result of 'nonsensical action'. Any change of the state – is manifestation of momentary attempt of an organism to restore inner balance and a necessary equilibrium with environment. Now we can make a conclusion: action of a medical factor (homeopathic preparation, SCENAR-influence, acupuncture and so on) according the Law of Similarity must be realized in such a way, that 'clever' system of Self-regulation begins act in direction of improvement of harmony of organs and systems functioning. Gering laws are criteria of 'accuracy' of medical process course:

- vector of healing runs 'top-down';
- vector of healing runs from within outside;
- vector of healing runs from more vitally important organs to less vitally important organs.

And, the third thing is: any medical intervention on the level, which is higher the level of pathological process, influence the process of recovery in a negative way!

Factors, which prevent medical action of therapeutic agents, can be divided into two groups:

- of direct influence (FDI);
- of mediated influence (FMI).

The first group includes stress influences or substances, which influence vital activity of the organism, causing functional or organic disorders. Among FDI we should name: coffee, dental intervention, camphor, expressed psychoemotional stress, and, also some methods of treatment (it concerns and non-rational application of homeopathic medical preparations).

In the second group there are factors, which, preventing 'order of treatment process' (J.Jhor), cause its delay or even return to the initial state.

Factors of mediated influence distort or suppress the symptoms, characterizing affection of organs and systems, equipped by the organism for fixing of equilibrium with environment. Among them there are medical preparations for skin pathology treatment, preparations or procedures for stopping of discharge of different kind, different methods of massage, osteopathy and so on.<sup>1</sup>

I consider the statement that all the kinds of 'natural treatment' automatically supplement each other to be erroneous. This idea can be supported only by those, who never observed soft and gradual action of 'correct monotherapy', which, by thoughtless intermediate medical interventions can be only interrupted. This concerns any kinds of therapy, including osteopathy, chiropractice, acupuncture, apitherapy, and so on, having an expressed 'destroying' action at untimely usage.

It must also be said about little known, and, that is why seldom taken into consideration effect of 'early prescribed medical homeopathic preparation'. Taking this phenomenon into consideration can be useful also in practice of SCENAR-therapy.

So, we can single out two more spread mistakes:

1. Tendency for frequent changing of medical preparations and ignore of effect of the preparation, prescribed not long ago. Often it happens when the doctor does not understand completely all the depth of pathological process, and is not able (or does not try) to see the signs of beginning restoration of patient's health. He has doubts, hesitation, unnecessary bustling, and, as a result, prescription of a new preparation. The trouble is that the latter is very 'close in the spectrum' to the previous one and that is why has a considerable destroying effect on fragile

<sup>&</sup>lt;sup>1</sup> It refers to such situations when the conducted therapy (by homeopathic preparations or by SCENAR-device) caused the 'moving' of the organism in direction of recovery. That is why it is necessary to think hard about expedience of combining of different kinds of therapy, about the effectiveness of additional treatment methods usage with the aim of getting a quick result. Before usage of an additional kind of therapy ask yourself:

<sup>-</sup> To what extent the effect, expected by you, will be deep and long?

<sup>-</sup> If other organs and systems of the organism, compensatory losing their "vital power" for the sake of acceleration of medical process, will suffer?

It also concerns to the so-called 'homeopathic allopathy', which has been recently spread. This therapy has such preparations as 'Shalun', 'Otdykh'. Senseless application of these preparations just aggravates the course of the disease

powers of the organism. Sometimes the doctor cannot see the antidoting effect of some factors of surrounding environment and the organism of the patient. Indeed, it seems, that correct treatment has been prescribed, there are the first precursors of the begun restoration of the health, and, suddenly, the patient decides to have other, 'intermediate' therapy (massive doses of vitamins, herbalife, hydromassage and so on). Remember the sacramental phrase, which can be so often heard: 'It will not be harm for me!' But... the progress of recovery stops. The doctor has to speak to the patient again, to select q new medical preparation (clinical picture has changed!). The last preparation will certainly have an effect, but the final effect will be less expressed, than it could be after the first preparation!

2. Unreasonable usage of homeopathic preparations (it is possible, that it can also be referred to SCENAR-therapy) for treatment of acute disease on the background of received constitutional treatment of chronic pathology.

Such 'intervention', conducted even in many months after correct therapy, can turn the process of healing to  $180^{0}$ , 'throwing' the patient back.

There is an axiom in homeopathy: the deeper the initial pathology – the more chances for reverse course of the disease at prescription of senseless 'acute' therapy. Every prescription, every procedure must be thought over with a special care and with taking into consideration all to principles, spoken above.

Per se, acute disease it is 'hardening' of the organism, its attempt to 'go upstairs' in forming of its own steady immunity. The usage of correcting therapy is necessary only when such 'training' is clearly oversteps the limits, when in the process of protection vitally important organs begin to act. So, before 'pressing' acute pathology, ask yourself:

- if this 'splash' is the part of the general process of treatment?
- if 'acute therapy' will not include the structures of the organism, which are on the higher level, than initial pathology?<sup>2</sup>
- if expected gain from momentary therapy will prevail over the risk of initial pathology return?

If initial pathology was quite a serious, especially if it included mental and emotional levels of the organism, the risk of its return is rather high.

Never use the patient as testing area for theoretical reasonings. When treating acute pathology on the background of conducted constitutional therapy, stick to the following criteria (V. Guegas):

- a) If it is possible, wait 2-3 days before starting treatment. You can use usual domestic means. In the first 24 hours it is very difficult to select the preparation.
- b) On the 2<sup>nd</sup> day clinical picture becomes clearer, the state aggravates, because the organism is fully occupied by self-restoration.
- c) The third day the time for analysis:
- if the patient feels better, than the day before, the treatment will not be necessary, the organism will cope with it itself.
- If the patient feels worse, the treatment must be started. To this moment the clinics of the disease will become clearer.
- If the state is stresses, the necessity of treatment must be determined by the gravity of patient's state.

The topic, discussed in this article, is very important, especially for Homeopathy and SCENAR-therapy. These 2 disciplines can be referred to the ideal forms of treatment because in its basis they use natural forms of self-recovery. Homeopathic preparations and SCENAR-energetic treatment influence all the organism of the patient, embracing somatic medium, and mental and emotional levels of vital activity. When such 'correct' therapy is conducted, we can

<sup>&</sup>lt;sup>2</sup> Here I would like to speak about the case of the patient E., 42 years. Following her friends' advice she 'effectively' removed the radiculitis pains in sauna. The result lasted for a week. As soon as the procedures stooped, she had general worsening of the health. For the first time E. had to leave her job. The pains in the back disappeared, but weakness, cough, shortness of breath, anxious sleep appeared. Homeopathic preparation restored the previous level of the health, but the pains in the back returned. Most likely, they will disappear as times goes by.

say with firm belief that the patient will be cured. A reasonable choice of the therapy is needed as well as attentive and thoughtful directing of the patient. If the doctor limits himself with 'little things', trying to 'pursue the pathology', he is only diminishes the significance of these methods, limiting their abilities by his own incompetence. If he estimated the results of his work according averaged standards, if the final estimation of the patient state is full of different 'if ifs and were pots and pans' it means that this doctor has no questions, demanding direct answers:

- Why this patient had a significant improvement and general result is practically equal to zero?
- Why, in spite of correct choice of the therapy, its seeming effectiveness, the patient is still
- How and in what parts I must extend my knowledge in chosen by me method of therapy?

## Literature

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